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“I am still amazed how the staff transformed my thinking and actions to enable me to stay sober after leaving.”

Melanie P



Recovering from addiction can be a daunting process, especially amid the chaos of our fast-paced world. Situated in Halstead, Essex, our facility takes into account these pressures and is surrounded by nature to provide that added tranquillity during your stay.

Why Sanctuary Lodge?

Sanctuary Lodge is rated highly by the Care Quality Commission, identified as a supportive environment where staff work as a team to care for their clients. We are subject to regular inspections, meaning you can be confident in the quality of your care.

Our facility

Our centre has a variety of facilities to ensure your comfort, including:



Nineteen en-suite bedrooms



Five beautifully refurbished shared rooms



Scenic gardens to reconnect with nature



An in house gym



Qualified chefs preparing nutritionally balanced meals

Our treatment

Our centre treats all addictions, ranging from drug and alcohol rehabilitation to behavioural addictions such as:

Gambling addiction

Sex and love addiction

Codependency

Eating Disorders

Everybody is unique, and while one person might respond to a particular course of treatment, this may not be the case for another. We incorporate a range of different treatments, allowing each client to explore the methods that work for them, integrating mind, body, and spirit into your treatment programme.

Your home away from home

When surrounded by a caring community and comfortable accommodation, you are more likely to engage with your treatment.

“My goal at Sanctuary Lodge is to provide a safe, comfortable environment for our clients to stay in. This means those who work with us can really connect with their treatment, starting their journey to healthier, happier lives.”

Maria Kornat, Centre Manager



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