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“This rehab saved my life and gave me a new way of living. I’ll be forever grateful for the support I received from the team there.”

**Bradley B**



Primrose Lodge is situated in Guildford, in the heart of Surrey, just twenty-eight miles Southwest of London. Our established home is ideal for those who wish to recover away from the busy city life, so they can quieten their mind and focus entirely on their recovery.

## Our facility

We are proud to be rated by the CQC, with specific emphasis on our relaxed and homely atmosphere. We aim to make you as comfortable as possible with:



A choice of one of our nineteen spacious rooms complete with en-suite bathrooms



An on-site gym for clients to use throughout their residency



Experienced in house chefs preparing delicious and nutritious meals



Spacious settings ideal for walking



Comfortable living areas, perfect for movie and quiz nights

## Our treatment

We appreciate everyone has their own story, which has led them to addiction, and we are committed to helping people recover from a multitude of dependencies that are holding them back from living a good quality of life, such as:

Prescription drug addictions

Illegal drug addictions

Codependency addictions

Behavioural addictions

Primrose Lodge offers a safe medical detox for drug and alcohol addictions.

Part and parcel with the detox, we provide a variety of holistic therapy treatments such as:

12-step programme

Cognitive Behavioural Therapy (CBT)

Family recovery programme

Yoga and mediation

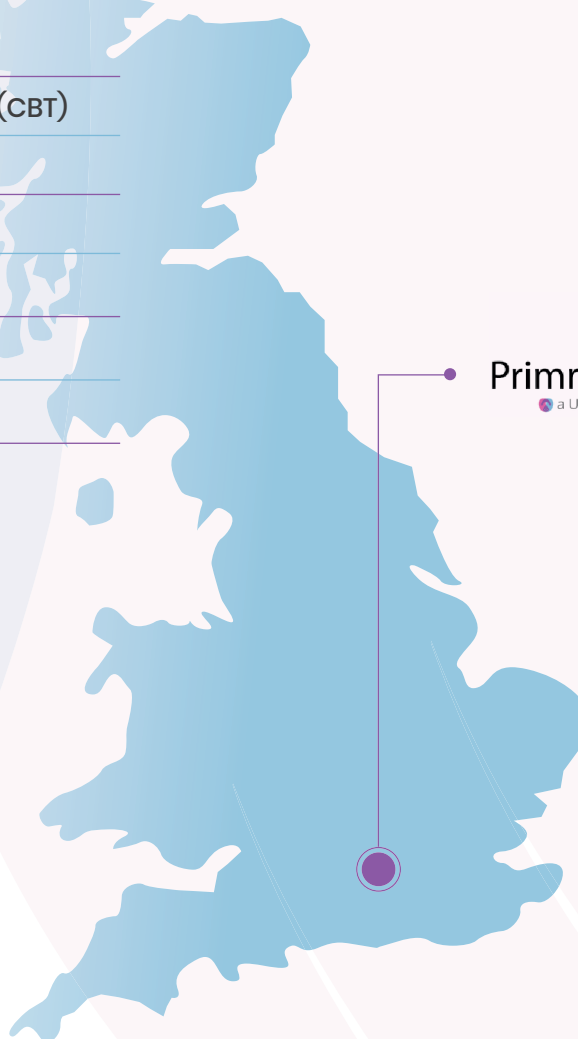
ART and creative workshops

Group therapy

One-to-one counselling

*"I know how tough addiction can be, but after twelve years sober, I know how life-changing recovery can be, which is why we are so passionate about helping as many people as we can to overcome their addiction and get their lives back."*

**Johnny Beggache,**  
CQC registered Centre Manager



  
**Primrose Lodge**  
a UKAT facility



  
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Perry Hill, Worplesdon, Guildford GU3 3RF  
T 0203 553 9263  
info@primroselodge.com  
www.primroselodge.com

Regulated by  
 **Care Quality  
Commission**