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“Every member of the team had my end result of sobriety on their agenda. They were all friendly, caring, knowledgeable and professional. Thank you for giving me back my life.”

**Linda G**



## Our facility

Situated just outside London, our centre is located on a charming suburban street in Luton, and we guarantee our clients a peaceful, homely environment to begin their recovery journeys.

Our facility offers:



Comfortable  
common areas



Twenty-one  
beds on site



Qualified chefs  
trained to  
accommodate a  
variety of dietary  
requirements



Fully trained staff  
who ensure that  
you are never  
without the  
appropriate care

## Why Liberty House?

From our own experience, we know just how advantageous it can be to have a warm and welcoming environment that radiates hope during difficult times.

Rated “Outstanding” by the Care Quality Commission, our services are recognised as going above and beyond to ensure every client experiences expansive and holistic care. We are subject to regular inspections, meaning you can be confident in our unwavering quality of treatment.

## Our treatment

Each type of treatment we offer provides something unique, and examples of our treatments include:

Individual therapy

Group therapy

Sound therapy

Gong therapy

Art therapy

Meditation

## Family care

At our facility, we provide family therapy once a month, involving your loved ones in the healing process and helping you to build bridges and strengthen relationships.

## Our staff

You can rest assured that our dedicated team is always working with you in mind, going that extra mile to support you in your recovery.



  
**Liberty House**  
Saving lives from addiction  
a UKAT facility



  
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Regulated by  
 **Care Quality  
Commission**