



# REHAB RULES

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## Respect Staff and Other Residents

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Aggressive or abusive behaviour will not be tolerated.

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## Respect Property

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No damage to the facility or personal items of others.

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## Maintain Cleanliness

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Keep your room and shared spaces tidy  
You are responsible for your own washing.

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## Do Not Enter Other Residents' Rooms

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Even with permission, **this is not allowed.**

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## Smoking/Vaping in Designated Areas Only

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If unsure of where, please ask a member of staff.

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## Respect Confidentiality

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What is shared in therapy stays in therapy.

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## Follow the Daily Routine and Curfews

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These are in place for a reason.

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## Attend All Scheduled Sessions

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This includes therapy, group and other activities.

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## Participate Actively in Therapies and Set Tasks

This is to contribute to your healing and recovery. Ask for help if needed.



UK Addiction Treatment Centres