

WHAT TO BRING TO REHAB

PROHIBITED ITEMS



Alcohol



Drugs



Aerosols



Weapons



Mouthwash
containing alcohol



Perfume/
Aftershave



Valuables



Food items



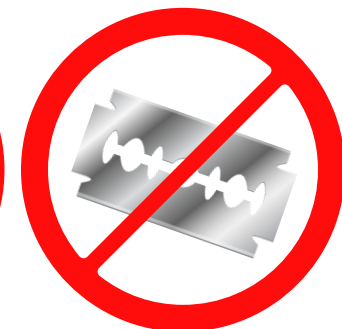
Literature not
containing recovery
/self-help



Games console



Unapproved
medication



Razor blade

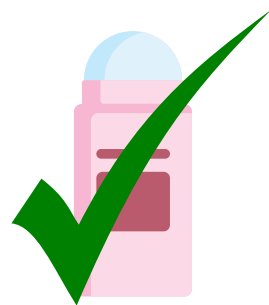
ALLOWED ITEMS



Comfortable
clothing



Toothbrush/
toothpaste



Non aerosol
deodorant



Soap



Shampoo/
Conditioner



Recovery/
Self-help book



Comfortable
trainers



Money (£100 or
less)



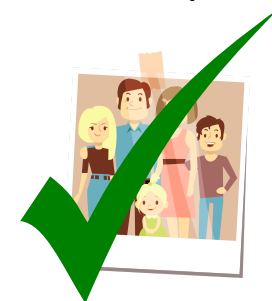
Prescription
medication in
original packaging*



Cigarettes/
vapes



Fixed head razors



Sentimental
belongings*

