



Bayberry

WELLNESS & RECOVERY
CENTRES

The Cottages

Private Residential Treatment. Warwickshire, England

www.bayberry.org.uk

THE SETTING

A Place Designed for Recovery

Bayberry Cottages are set within private, landscaped grounds in the Warwickshire countryside, with each cottage having been carefully considered to provide comfort, privacy, and warmth, reflecting a traditional sense of care and quiet country living.



While it feels secluded and private, the location remains highly accessible, with Birmingham International Airport around 30 minutes away and strong connections via the national rail network, making travel straightforward from across the UK.

“Where heritage meets quiet restoration.”



ACCOMMODATION

Where privacy and comfort are prioritised

The cottages are set around a private courtyard, with each one housing no more than **two clients**. The environment is calm and residential in feel, designed to offer comfort and privacy rather than anything institutional.

What's included in your cottage:



Chef-prepared meals daily



Smart TV



Wi-Fi Access



Local Pool, spa & gym access



On-site coffee house



Courtyard garden & orchard



THE PROGRAMME

Where Recovery Takes Shape

The Bayberry Cottages Programme offers a structured residential treatment experience combining group therapy, individual psychotherapy, and peer-supported recovery. Each admission begins with a full clinical assessment, ensuring care is tailored from the outset and continuously shaped throughout the stay.

“A structured path to recovery, with space for individual change.”

PROGRAMME DETAILS



Core Therapeutic Model

Structured group therapy, or combination of group and 1:1 sessions



Therapeutic Community

Peer-supported recovery within a safe, guided environment



Structured Weekly Timetable

Full weekday programme with consistent therapeutic rhythm



Creative & Holistic Therapy

Art, mindfulness, and wellbeing-based interventions



Personalised Clinical Planning

Programme adapted continuously to individual progress



Recovery Skills Development

Practical tools for relapse prevention and long-term stability



Aftercare

For as long as you need it



Outstanding Therapists

Qualified, Accredited, Recognised

CONDITIONS WE TREAT:

Mental Health | Alcohol | Substance Use | Behavioural Change | Personal Development | Life Changes & Challenges

Clients follow a structured weekly timetable centred on group therapy as the primary therapeutic framework, with a choice to include regular one-to-one psychotherapy sessions. This balance allows for personal reflection in private sessions while also engaging in shared therapeutic work that builds connection, accountability, and insight.

Nationwide Support



UK
Addiction Treatment
Centres

Find help across
the UK



“
Our homely, cottage courtyard environment creates a unique space to recover in beautiful countryside.
”



Mandy Cooper



Bayberry

Admissions 24/7



0808 163 3227



admissions@ukat.co.uk

Scan for our Website



Compassionate Care

Kindness, understanding and discretion at every step.



Expert Support

Evidence-based treatment from experienced teams.



Lasting Recovery

Continued care, and a lifelong alumni community.